

Apple Valley avnf.com Natural Foods

Monday, March 3, 2025 Through
Sunday, March 30, 2025



**Quorn
Meat
Substitute**
9.2 - 12 oz.
Select Varieties

\$4.99 ea.



**Tofurky
Deli Meat
Substitute**
5.5 oz.
Select Varieties

\$4.29 ea.



**Bio Kleen
Stain Remover**
32 oz.

\$9.99 ea.



**Crystal
Deodorant**
2.25 - 4 oz.
Select Varieties

\$4.59 ea.



**Quantum
Cough Relief**
18 Lozenges
Select Varieties

\$4.59 ea.



**Forager
Cashew Yogurt**
24 oz.
Select Varieties

\$4.49 ea.

Double Sided Flyer!

While Supplies Last - - Sorry No Rain Checks
We reserve The Right To Limit Quantities

We reserve the right to correct printing errors.

Product availability varies by store.

SUPPLEMENTS



**Bio Nutrition
Blood Sugar
Wellness**
60 Caps.

\$21.09 ea.



**Bio Nutrition
Saffron
Extract**
50 Caps.

\$21.09 ea.



**Health Plus
Kidney
Cleanse**
90 Caps.

\$21.09 ea.



**Hyland
Arnica Gel**
2.5 oz.

\$8.79 ea.



**Lily of the Desert
Aloe Vera Juice**
128 oz.
Select Varieties

\$25.39 ea.



**Pines
Wheat Grass
Powder**
10 oz.

\$26.79 ea.



**Quantum
Super Lysine+**
90 Tabs.

\$10.39 ea.



**Sambucol
Cold Flu
Elderberry**
30 Tabs.

\$13.59 ea.



**Yerba Prima
Daily
Fiber Powder**
12 oz.

\$14.49 ea.

LIVING NATURALLY



**ECOS
Dishmate**
25 oz.
Select Varieties

\$4.39 ea.



**ECOS
Hand Soap**
11.5 oz.
Select Varieties

\$4.19 ea.



**Dr. Squatch
Soap Bar**
5 oz.
Select Varieties

\$6.89 ea.



**Herbatint
Hair Color**
5.75 oz.
Select Varieties

\$13.99 ea.



**Herbatint
Application Kit**
1 ct.

\$6.69 ea.



**Herbatint
Shampoo and
Conditioner**
8.79 oz.

\$11.39 ea.



**Auromere
Toothpaste**
4.16 oz.
Select Varieties

\$6.99 ea.



**Lily of the Desert
Aloe Vera
Gelly**
8 oz.

\$5.19 ea.



**Quantum
Super Lysine+
Cream**
.25 oz

\$8.09 ea.

NATURAL FOODS



Arrowhead Mills Cereal
6 oz.
Select Varieties
\$2.39 ea.



Cafix Coffee Substitute
7 oz.
\$9.99 ea.



Mary's Gone Cracker Crackers
5.5 - 6.5 oz.
Select Varieties
\$4.99 ea.



Tasty Bite Rice
8.8 oz.
Select Varieties
\$2.99 ea.



Food for Life Sprouted Grain Bread
24 oz.
\$7.09 ea.



Kinnikinnick Pie Crust
9 inch
13.8 oz.
\$4.89 ea.



Nature's Path Waffles
7.4 oz.
Select Varieties
\$3.99 ea.



Brew Dr. Kombucha
14 oz.
Select Varieties
\$2.49 ea.



Artisana Raw Walnut Nut Butter
8 oz.
\$13.99 ea.



Buddha Teas
18 Bags.
Select Varieties
\$4.29 - \$6.99 ea.



Odyssey Elixir Energy Beverage
12 oz.
Select Varieties
\$2.99 ea.



Tasty Bite Biryani Bowl
7 oz.
Select Varieties
\$4.29 ea.



Food for Life Sesame Bread
24 oz.
\$6.19 ea.



Dorot Frozen Ginger Cubes
2.5 oz.
\$2.99 ea.



Schar Puff Pastry
17.6 oz.
\$7.59 ea.



Cleveland Kitchen Sauerkraut
16 oz.
Select Varieties
\$4.79 ea.



Dandies Marshmallows
10 oz.
Select Varieties
\$3.99 ea.



CFORCE Artesian Water
33.8 oz.
99¢ ea.



PERO Coffee Substitute
7 oz.
\$8.99 ea.



Tasty Bite Protein Bowl
8.8 oz.
Select Varieties
\$4.29 ea.



Food for Life Cinnamon Raisin Bread
24 oz.
\$7.69 ea.



Dorot Frozen Herb Cubes
2.5 oz.
Select Varieties
\$2.99 ea.



Earth Bound Farms Frozen Kale
8 oz.
\$2.69 ea.



Tofurky Plant Based Pepp'roni
4 oz.
\$5.99 ea.

BAKERY



Flaked Wheat Bread
20 oz.
\$4.09 ea.



Onion Rye Bread
17 oz.
\$3.79 ea.



Banana Bread with Walnuts
16 oz.
\$4.99 ea.

BULK



Winona Unbleached White Flour
70¢ /lb.



Turkish Apricots
\$8.75 /lb.



Raw Sunflower Seeds
\$1.50 /lb.

Apple Valley avnf.com
Natural Foods

View our flyers at www.avnf.com

Berrien Springs

9067 US 31
Berrien Springs, MI 49103
Phone: 269-471-3131

Cadillac

219 N Mitchell St.
Cadillac, MI 49601
Phone: 231-775-6211

La Porte

613 Michigan Ave
La Porte, IN 46350
Phone: 219-362-6019

Battle Creek

5275 Beckley Rd.
Battle Creek, MI 49015
Phone: 269-979-2257

Grand Rapids

6070 Kalamazoo Ave, SE
Kentwood, MI 49508
Phone: 616-554-3205

Holland

3013 West Shore Dr. Suite 70
Holland, MI 49424
Phone: 616-399-8004

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