


Apple Valley avnf.com Natural Foods

Monday, December 30, 2024 Through
Sunday, February 2, 2025



Quorn
Plant Based
Meats
8.5 - 12 oz.
Select Varieties
\$4.99 ea.




Violife
Shredded
Cheese
8 oz.
Select Varieties
\$5.29 ea.



Boulder Canyon
Potato Chips
5.3 - 6.5 oz.
Select Varieties
\$3.49 ea.



Poppi
Prebiotic
Soda
12 oz.
Select Varieties
\$2.29 ea.



Childlife
Kids Elderberry
Liquid
4 oz.
\$13.79 ea.



Tiger Balm
Ultra Balm
.6 oz.
\$6.99 ea.

Double Sided Flyer!

While Supplies Last - - Sorry No Rain Checks
We reserve The Right To Limit Quantities
We reserve the right to correct printing errors.
View our flyers at www.avnf.com


SUPPLEMENTS



Wally
Ear Candles
4 ct.
Select Varieties
\$11.59 ea.



Salus
Floravital
Iron Herbs
8.5 oz.
Select Varieties
\$28.99 ea.



Boiron
Chestal Honey
6.7 oz.
Select Varieties
\$10.19 ea.



Hyland
Baby Cough &
Immune
2 oz.
Select Varieties
\$8.19 ea.



Lily of the Desert
Aloe Vera
Juice or Gel
32 oz.
Select Varieties
\$8.59 ea.



Natures Answer
Sambucus Spray
2 oz.
\$10.79 ea.



Onnit
MCT Oil
24 oz.
\$27.49 ea.



Pines
Wheat Grass
Powder
10 oz.
\$26.79 ea.



Sovereign Silver
Hydro Immune
Drops
8 oz.
\$34.59 ea.

LIVING NATURALLY



Bee & Flower
Soap Bar
2.7 oz.
Select Varieties
99¢ ea.



Desert Essence
Toothpaste
6.3 oz.
Select Varieties
\$5.99 ea.



Earth Science
Deodorant
2.5 oz.
Select Varieties
\$6.79 ea.



Herbatint
Hair Color
5.8 oz.
Select Varieties
\$13.99 ea.



Lily of the Desert
Aloe Vera
Gelly
16 oz.
\$8.49 ea.



Sovereign Silver
Skin Care
Healing Gel
2 oz.
\$19.99 ea.



Tiger Balm
Patch
5 ct.
\$5.49 ea.



Tints of Nature
Hair Colour
4.4 oz.
Select Varieties
\$13.99 ea.



Wally
Ear Oil Organic
1 oz.
\$8.99 ea.

NATURAL FOODS



A Vogel Herbamare Seasoning
4.4 oz.
\$4.99 ea.



Bragg Apple Cider Vinegar Beverages
16 oz.
Select Varieties
\$3.29 ea.



Coombs Family Maple Syrup Grade A
8 oz.
\$8.99 ea.



IQ Bar
1.6 oz.
Select Varieties
\$1.79 ea.



Milkadamia Macadamia Milk
32 oz.
Select Varieties
\$5.39 ea.




House Foods Tofu
12 - 14 oz.
Select Varieties
\$2.79 ea.



Earth Balance Buttery Stick
16 oz.
Select Varieties
\$5.79 ea.



Canyon Bakehouse Bread
18 oz.
Select Varieties
\$6.59 ea.



Biotta Elderberry Juice
17 oz.
\$7.69 ea.



Bravo Teas
20 tbg.
Select Varieties
\$5.79 ea.



Element Snacks Rice Cakes
3 - 3.5 oz.
Select Varieties
\$3.89 ea.



Lovebird Grain Free Cereal
7 oz.
Select Varieties
\$6.89 ea.



One Degree Oats
24 oz.
Select Varieties
\$6.89 ea.



Miyokos Cream Cheese
8 oz.
Select Varieties
\$4.59 ea.



Miyokos Butter
8 oz.
Select Varieties
\$4.99 ea.



Eville Smoothie Cubes
11 oz.
Select Varieties
\$5.49 ea.



Brads Plant Based Crunchy Kale
2 oz.
Select Varieties
\$4.99 ea.



Cafix Coffee Substitute
7 oz.
\$9.99 ea.



Good Health Veggie Straws
6.3 oz.
Select Varieties
\$3.99 ea.



Manitoba Harvest Hemp Heart Shelled
12 oz.
\$10.79 ea.



Sunbutter Sunflower Nut Butter
16 oz.
Select Varieties
\$7.49 ea.



Tofutti Sour Cream
12 oz.
\$3.39 ea.



Violife Cream Cheese Block
8 oz.
\$5.39 ea.



Food For Life Tortillas
12 oz.
Select Varieties
\$3.79 ea.

BAKERY



Original Sprouted Wheat Bread
16 oz.
\$3.99 ea.



BULK



Whole Wheat Flour Stone Ground Fine
70¢ /lb.



Millet
\$1.25 /lb.



Brazil Nuts
\$9.99 /lb.



View our flyers at www.avnf.com

Berrien Springs

9067 US 31
Berrien Springs, MI 49103
Phone: 269-471-3131

Cadillac

219 N Mitchell St.
Cadillac, MI 49601
Phone: 231-775-6211

La Porte

613 Michigan Ave
La Porte, IN 46350
Phone: 219-362-6019

Battle Creek

5275 Beckley Rd.
Battle Creek, MI 49015
Phone: 269-979-2257

Grand Rapids

6070 Kalamazoo Ave, SE
Kentwood, MI 49508
Phone: 616-554-3205

Holland

3013 West Shore Dr. Suite 70
Holland, MI 49424
Phone: 616-399-8004

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